



# xploris

SCIENCE

How fast: Who wins the race?

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## WHO WINS THE RACE?

- 1 Introduction
- 2 Setting up the experiment
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## 1 Introduction

You've likely raced against your friends numerous times and might even know someone who runs marathons or aspires to be a professional athlete. But have you ever considered what your maximum speed might be?

In this lesson, you will sprint at your maximum speed and use the Xploris distance sensor to determine your highest achievable acceleration.

The question you will answer will be:



**What is the maximum acceleration that my classmates and I can achieve?**

## 1 Introduction

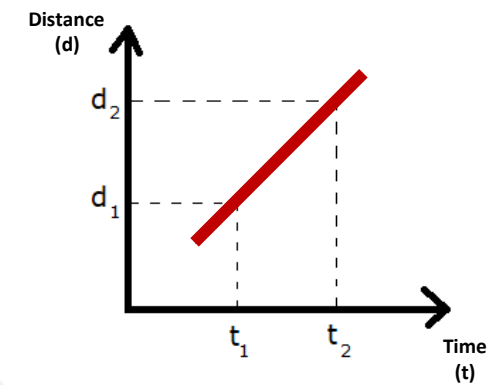
### 1

#### SPEED

**Velocity (V)** refers to the change in position or **distance (d)** experienced by an object over a specific period of **time (t)** It can be expressed using the following equation:

$$\text{Velocity (V)} = \frac{\Delta \text{ Distance}}{\Delta \text{ Time}} = \frac{d_2 - d_1}{t_2 - t_1}$$

The slope of this distance versus time graph corresponds to the velocity.



1 Introduction

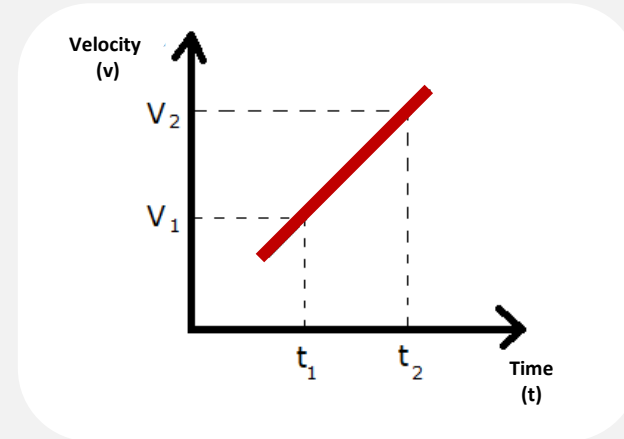
2

**ACCELERATION**

On the other hand, **acceleration (a)** measures the rate at which speed changes over time for an object. It can be expressed using the following equation:

$$\text{Acceleration} = \frac{\Delta \text{Speed}}{\Delta \text{Time}} = \frac{V_2 - V_1}{t_2 - t_1}$$

The slope of this speed versus time graph corresponds to the acceleration.



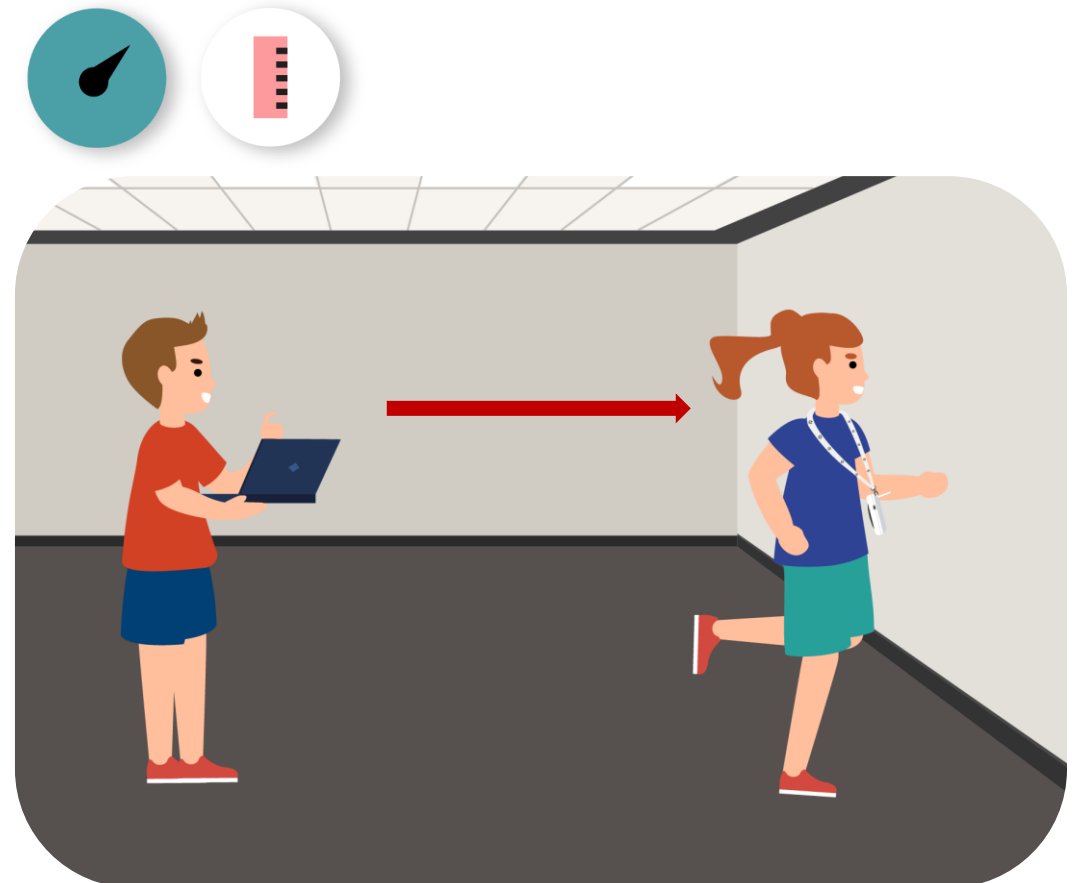
## 2 Setting up the experiment

This activity will require the participation of several people and their velocity will be measured. To do this, they will have to stand in a line 4 meters away from a wall.

The first person in line should wear the Xploris around their neck using the designated accessory, ensuring the distance sensor is facing the wall. Meanwhile, another participant will launch the measurements in the Xplorilab software. After a 3-second countdown, they will instruct the person with the sensor to run toward the wall. Once they reach a distance of 40 to 50 centimeters from the wall, they should stop the measurements, save the graph, and then repeat the procedure with the next participant.

### ¡IMPORTANT!

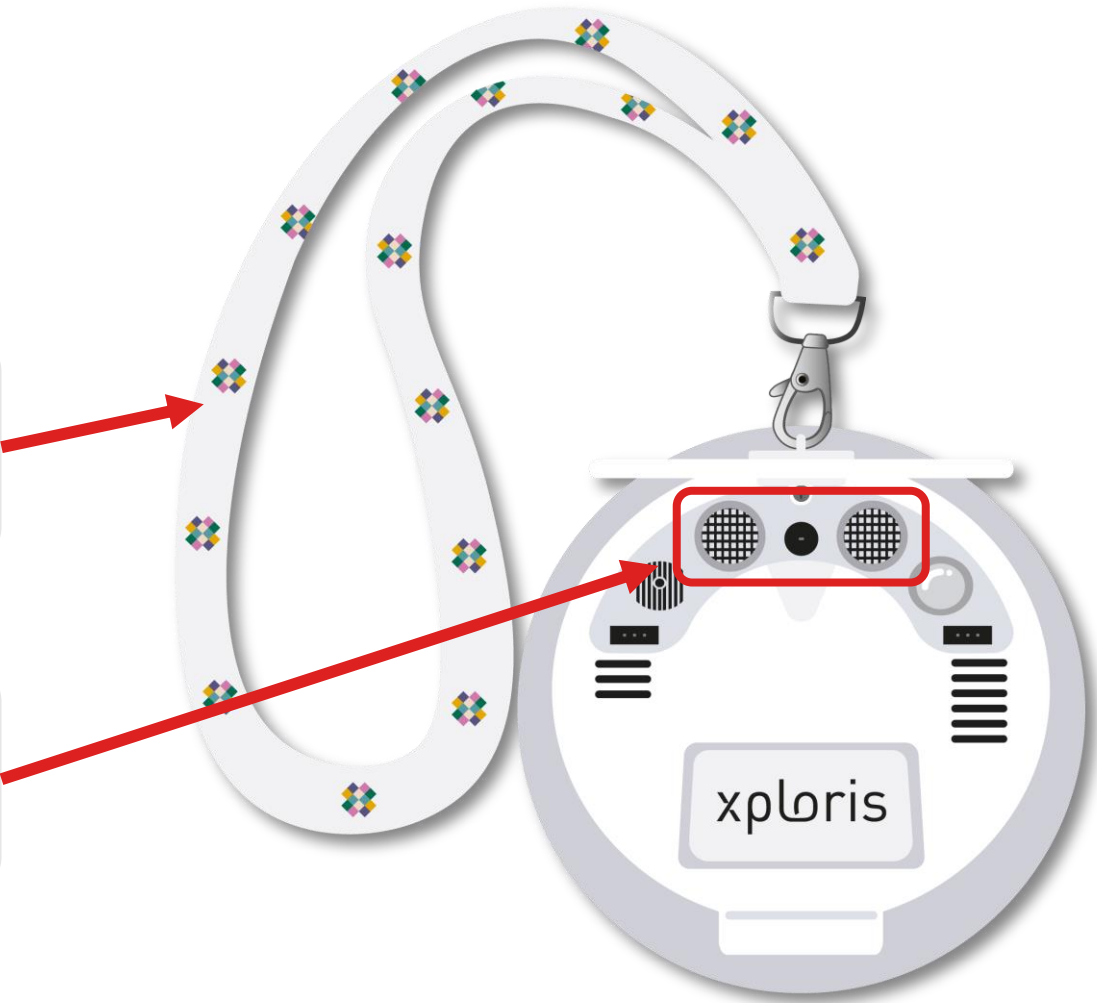
Measurements should be recorded for each participant, and a **graph should be saved for each individual's** data analysis.



2 Setting up the experiment

For this activity, it is recommended to use the Xploris lanyard to ensure a safer experience.

The “distance” sensor is located on the back of the Xploris, make sure it is uncovered as shown in the picture.



## 2 Setting up the experiment



Turn on your Xploris and connect it to your computer or tablet.



Open the XploriLab software on your computer or tablet.



Once inside XploriLab, select the icon to connect the device via cable or bluetooth as applicable.



Go to the SCIENCE section and then to DATA LOGGER.





2 Setting up the experiment

↖ XploriLab software configuration

1


To start any configuration related to the sensors, you will select the “setup” icon.


The sensors you will use for this activity are the **distance** and **speed** sensors and you will set them to take **10 samples per second (10/sec)** for a total of 100 samples.


Once the configuration has been completed, select “Apply” to save it.





Choose Sensor
✕


 Light


 Voltage left


 Voltage Right


 Ext. Temperature


 Amb. Temperature

 Distance

 Speed ✓

 Pulse

 Heart rate

 Sound

Rate

10/Sec ✓

Samples


100 ✓

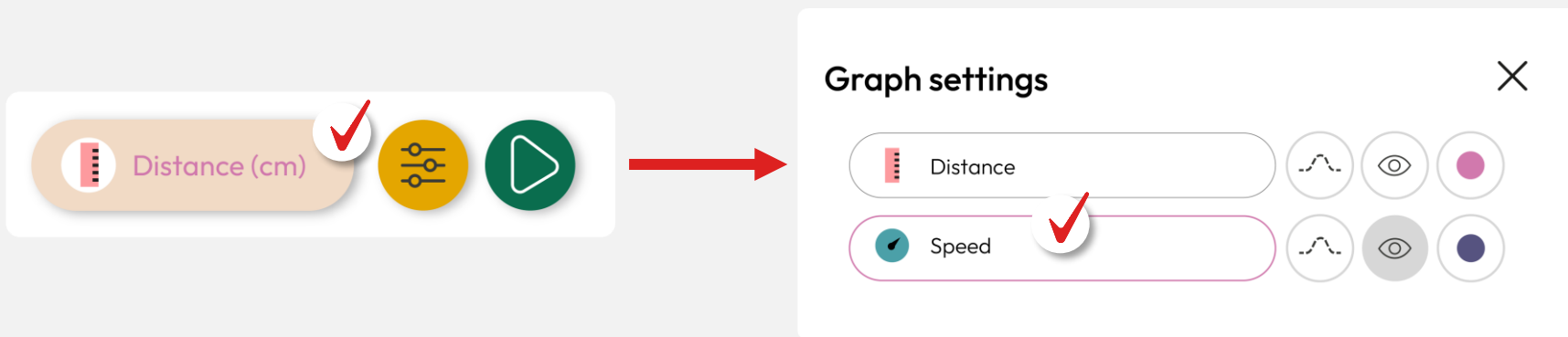
Apply

2 Setting up the experiment

2

Set the Speed graph to show sampling dots rather than a line graph:

- Go to the "Graph setting" and select "Speed" sensor.
- Then select the icon  to activate the dot display.



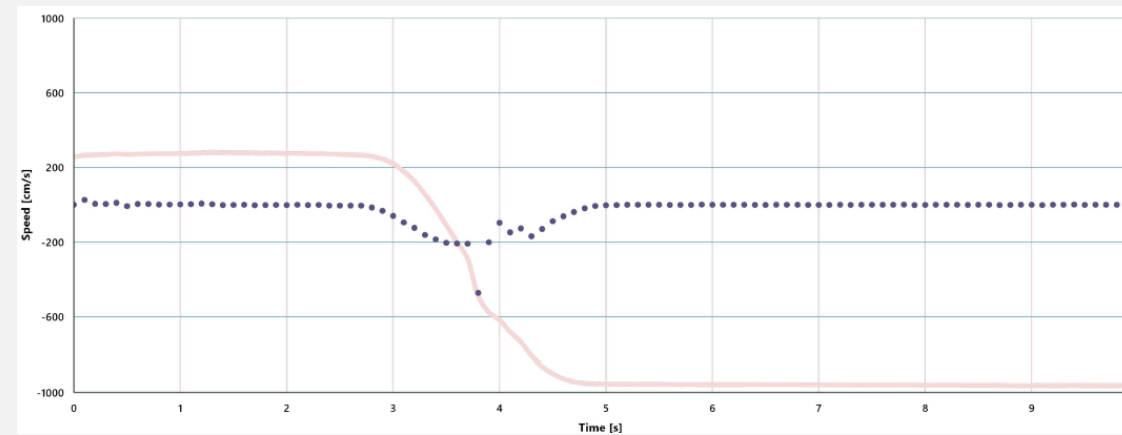
3 Data collection

Start measuring the velocity at which each of the participants is approaching the wall. Remember to get a graph of speed versus time for each of the people running towards the wall.

3 Data collection



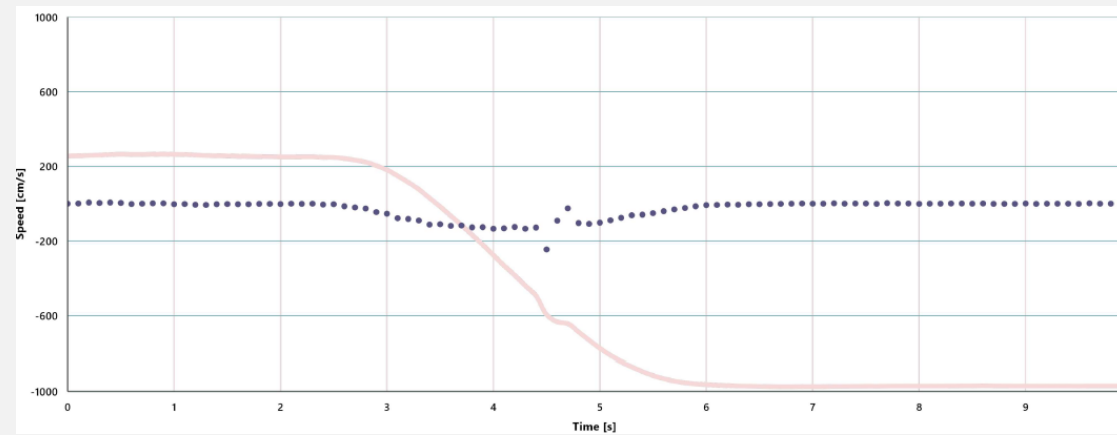
VELOCITY GRAPH STUDENT 2



3 Data collection

The interface features a central circular display with a blue grid background and the text '31 cm'. Surrounding the display are several icons: a lightbulb, a bar chart, a thermometer, a microphone, a power button, a pencil, and a pair of glasses. To the left of the main interface are two additional circular buttons: one with a red bar chart icon and another with a teal compass icon.

VELOCITY GRAPH STUDENT 3



4

## Data analysis

1

The linear regression tool allows us to find the line that best fits the measurement graph. The linear regression tool will also display the best line equation.

**The equation can be expressed in the following form:**


$$y = mx + b$$

Where **m** is the slope of the line. In a graph of velocity versus time, the slope represents the acceleration.

Therefore, by obtaining the equation describing the motion of each person in the experiment, we can know and compare their accelerations.

## 2

**To obtain the acceleration from the measurements, you will use the linear regression tool of XploriLab.**

1. Look at the graph to see what range of measurements register the person's movement towards the wall.
2. Then click on the “Marker” icon: 
3. Use two markers to indicate the range of measurements to be analyzed, i.e. place one marker where the relevant data starts and another marker where it ends.

4. Use the data cropping tool by clicking the “Crop” button to isolate and retain only the section of the graph you wish to analyze on the graph.



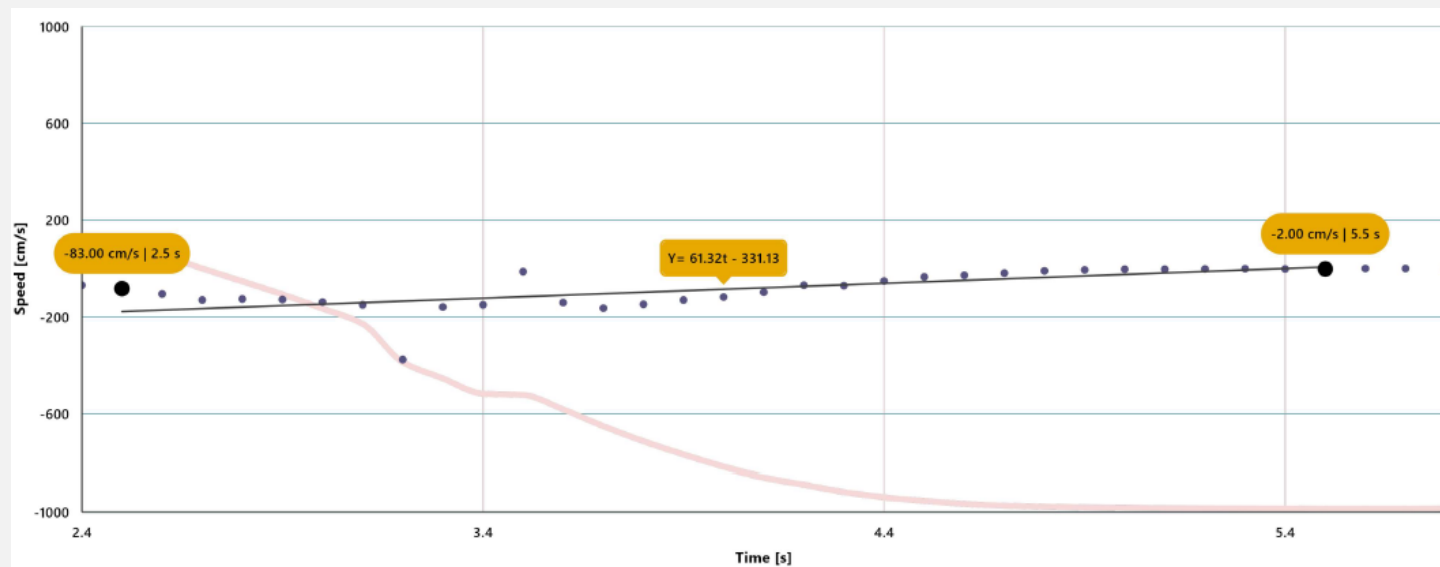
5. Finally, select the linear regression tool by clicking on:



4 Data analysis

3

GRAPH WITH CROP AND LINEAR REGRESSION STUDENT 1

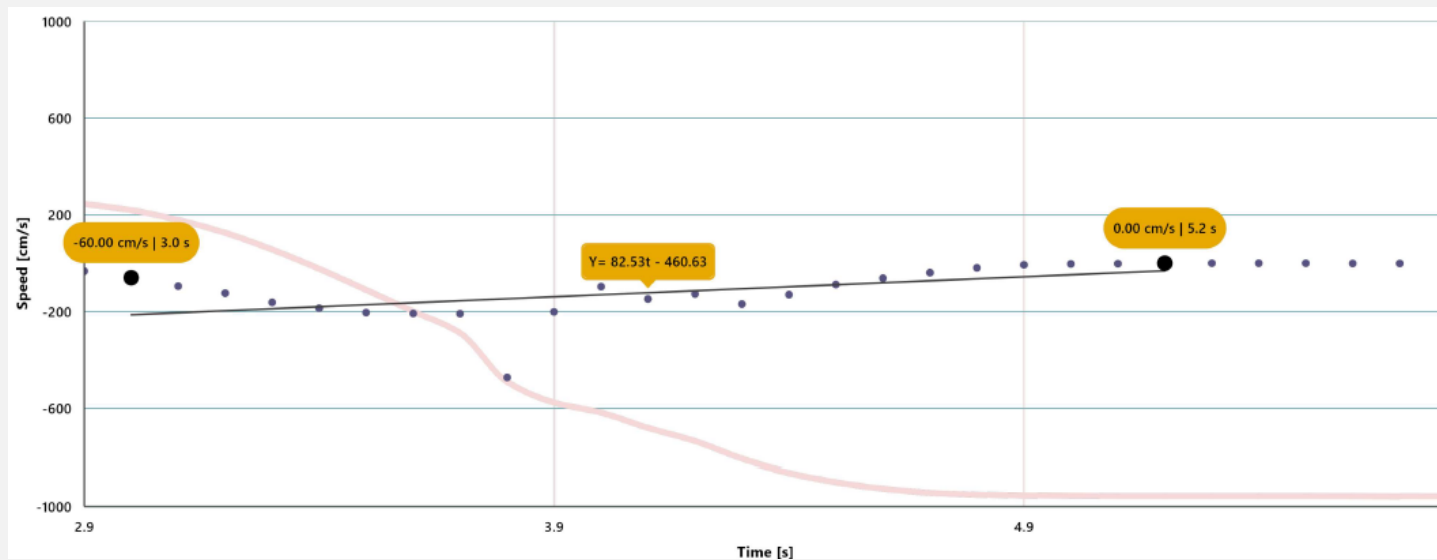




4 Data analysis

4

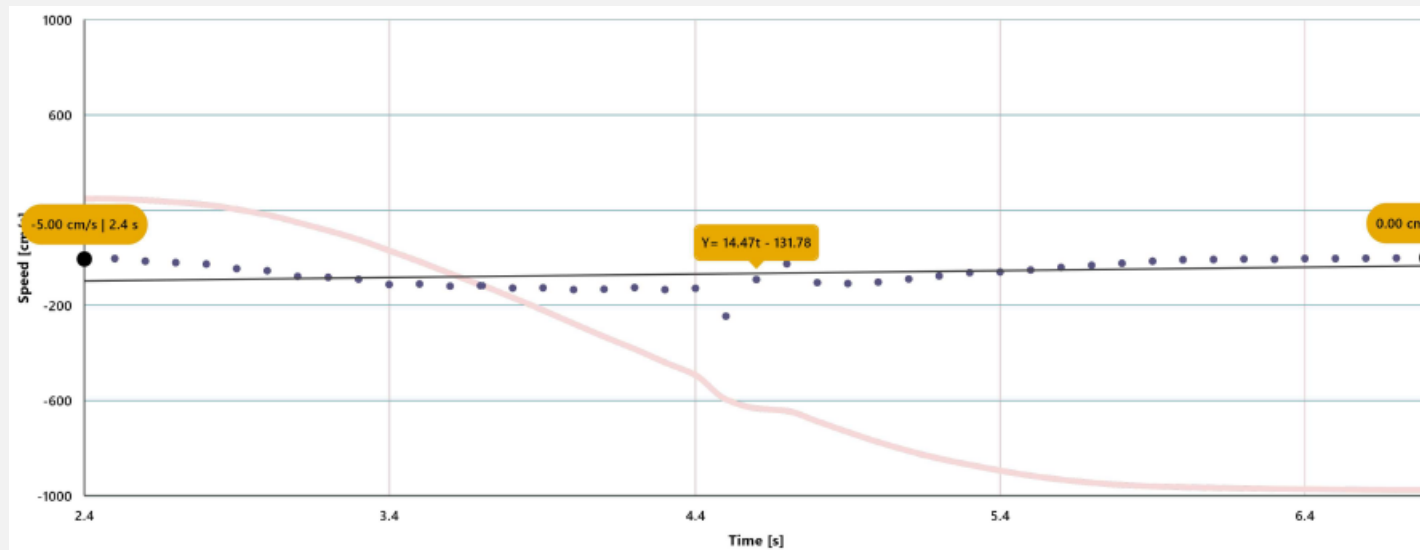
GRAPH WITH CROP AND LINEAR REGRESSION STUDENT 2



4 Data analysis

5

GRAPH WITH CROP AND LINEAR REGRESSION STUDENT 3



5

## Questions

1

Let's take a look at the graph

Which participant managed to run the fastest and what was their acceleration value?

2

Let's evaluate the data

Looking at the equations of each participant's line, what do you think the positive or negative symbol that the slope value indicates?

3

Let's evaluate the data

If these measurements were considered in a race, how would each participant rank?

4

Let's relate variables!

In this experiment, the Xploris speed sensor was used to determine which participant achieved the highest acceleration. What variables influence the acceleration that a person can achieve?

5

Let's keep experimenting!

Do you think they would reach a higher speed if they jumped instead of running away from the Xploris sensor? Test your answer by repeating the experiment, while jumping instead of running.

6

## Activity summary



We used the Xploris distance sensor to find out the maximum speed that different people could reach while running.



We analyzed the data and used mathematical tools (linear regression) to determine the acceleration of each participant based on the distance versus time graphs recorded.



We answered questions by analyzing our data based on the acceleration value and whether it was positive or negative. We also modified the experiment and repeated it by jumping instead of running, to see if there were variations.



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